

## **April 2025**

## Parkinson's Awareness Month



Together we advocate for Parkinson's to be taken seriously by decision makers and to help reduce stigma.

## Parkinson's:

- can affect younger people, it's not just an older person's disease
- is not just a tremor, there are around 40 possible symptoms
- symptoms are not always visible
- affects every part of daily living and drains energy
- impacts more than the individual diagnosed, it affects the whole family
- can limit career opportunities
- affects emotions and confidence
- can make leaving the house more stressful.



For free and confidential support visit fightparkinsons.org.au or call our free information line on: 1800 644 189