

ANNUAL REPORT 2023-24



**Fight
Parkinson's™**

Together we can

About Fight Parkinson's

Who we are

At Fight Parkinson's, our community is at the forefront of all we do. We believe that with strong sector coordination and leadership and greater community and government support, we can realise better outcomes.

As a leading organisation for Parkinson's, providing research, education and support, over the last 40 years we have greatly improved quality of life for people living with Parkinson's, including Young Onset Parkinson's and Atypical Parkinson's.

Our multidisciplinary team provides specialist advice and support to people living with Parkinson's, their families, carers and health care professionals through:

- tailored health education programmes and seminars
- a free and confidential health information service
- comprehensive web-based information
- an extensive peer support group network

We are committed to raising funds to advance research that will deliver effective therapies, treatments and a cure, and empowering our community to live full and active lives until a cure is found.

What is Parkinson's

Parkinson's is a chronic neurological condition with a range of complex symptoms unique to each individual. The most commonly known symptoms include slowness of movement, rigidity, tremor and postural changes.

The movement symptoms of Parkinson's are well known. However, non motor symptoms can also be part of the condition including pain, depression, anxiety, speech changes, constipation, fatigue and loss of facial expression. Medication and support from health care professionals can help manage these symptoms, however there is currently no cure for Parkinson's.

ATYPICAL PARKINSON'S

Atypical Parkinson's refers to a group of rare disorders that initially resemble Parkinson's but have distinct symptoms and different rates of progression. They include Progressive Supra-Nuclear Palsy (PSP), Multiple System Atrophy (MSA) and Cortico Basal Syndrome (CBS).

There are no known treatments to cure or slow the progression of PSP, MSA or CBS or to prevent them from occurring. Treatments, therapies and strategies are available to help people manage their symptoms to make the most of living with these conditions.

OUR VISION

A world free of Parkinson's, and until a cure is found, for those living with Parkinson's to be empowered to live full and active lives.

OUR MISSION

We will empower people living with Parkinson's to get the most out of life, to be their own advocate and to raise funds to support research in delivering effective therapies, treatments and a cure.

OUR VALUES

The Parkinson's community is at the heart of everything that we do. Our work is done with our heads and hearts entwined to realise the best possibilities for their lives.

Our values are:

- Community and inclusion
- Knowledge and empowerment
- Innovation and advancement
- Courage and leadership

Parkinson's is the fastest growing neurological condition¹. The cause is still unknown. It's estimated that 57,000 Victorians are living with Parkinson's, and 219,000 nationally².

Parkinson's poses a significant challenge to our health care systems and is estimated to cost the Australian community more than \$15 billion annually³.

1. Dorsey, E. R., Sherer, T., Okun, M. S., & Bloem, B. R. (2018). The Emerging Evidence of the Parkinson Pandemic. *Journal of Parkinson's disease*, 8(s1), S3-S8.
2. Fight Parkinson's, Parkinson's Prevalence
3. Bohingamu Mudiyansele, S. et al. (2017). Cost of Living with Parkinson's Disease over 12 Months in Australia: A Prospective Cohort Study. *Parkinson's disease*, 2017, 5932675.

Our impact

Health Services

4,876

tailored health service calls

26

minute average call duration

Education

6,135

community education registrations

1,247

health care sector education registrations

579

community seminar registrations

858

active learners across eight online courses

31

online webinars held

Peer Support

68

Peer Support Groups

4

specialised Peer Support Groups

Research

6

research projects supported

Fundraising

3,107

A Walk in the Park and 27forParkinson's participants

13

regional walks supported

34

community fundraisers organised

\$1,427,109

total fundraising income

Online Community

13,956

social media followers

86%

social media follower growth

22,000+

email subscribers

CEO & Chair Report

Leading with and for the community



Fight Parkinson's CEO Emma Collin



Fight Parkinson's Chair Philip Thomas

We are making significant progress in the fight to realise possibilities for people living with Parkinson's, PSP, MSA and CBS, thanks to our wonderful community who are at the centre of everything we do.

This year has seen us grow stronger in our advocacy, all to champion the needs of our community. As we close out our four-year strategic plan, which has guided us through the challenges of COVID-19, we stand stronger and more united than ever.

The foundation we have built together over the years has amplified our efforts and this year has brought a significant surge in momentum. We are in a strong position to advance our mission, with the passion of our community continuing to drive us forward as we work together to fight Parkinson's.

An integrated model of care

Our model of care, which connects people with Parkinson's and their families to specialist multidisciplinary services and clinical researchers through free, accessible channels, is designed to empower our community to find the support they need and become their own advocates.

In FY2024, we've made meaningful progress in advocating for a multidisciplinary approach to care in Australia. Our ongoing engagement with ParkinsonNet is helping drive research that focuses on investing in the **ParkinsonNet** model, ensuring that people living with Parkinson's in Australia have access to the best care possible.

This year, we worked closely with our **Engagement Committee** to expand our education programs, ensuring that our resources reflect the needs of our community. We also initiated a refresh of our website to enhance its user experience, inviting community members to share their insights via journey mapping. Our new website, which will launch in FY2025, along with updated information and resources, will ensure that our community can easily access the information and tools they need to enhance their quality of life.

Strength in collaboration

Our community inspires our leadership and innovation, which is further strengthened by collaboration. In FY2024, we expanded our connections with like-minded organisations and other leaders on opportunities and aligned outcomes for people living with Parkinson's.

In August 2023 Fight Parkinson's worked with other key stakeholders and leaders in the Parkinson's community to establish the **National Parkinson's Alliance Taskforce**. Since then, the **National Parkinson's Alliance** (NPA) has formed and secured funding from the federal government for the development of a National Parkinson's Action Plan to shape policies, strategies and initiatives to change the lives of individuals affected by Parkinson's across Australia.

Another key collaboration was joining forces with Parkinson's NSW for our annual **Research Symposium**. Together, we successfully delivered a shared research agenda to a wider audience, ensuring that more individuals could benefit from the valuable insights shared during the event.

On the global stage, we were proud to help organise and present at the **World Parkinson's Congress (WPC)** in Barcelona in July 2023. The WPC is a landmark event for the global Parkinson's community, uniting thousands of participants from 73 countries, including people living with Parkinson's, carers, clinicians and researchers. We are thrilled to have made a significant contribution, supporting people with Parkinson's to attend and to have had strong representation from Fight Parkinson's.

Empowering our community

Throughout the year we have elevated and celebrated the activities led by our community in every capacity. In FY2024, we welcomed new members to our governance structures, including more people living with Parkinson's, ensuring that their voices guide our approach to everything we do.

This year, a key focus has been on sustainable service delivery, which involves offering our blended Education Program and building the capacity of our Peer Support Group leaders with training to empower them with essential tools. This year, we have successfully grown our network of Peer Support Groups, now with 68 active groups in Victoria.

We launched three new courses on our **Community Learning Hub**, specifically designed to support carers, women, and the LGBTIQ+ community. These courses provide much-needed support to groups in our community that often experience barriers to accessing health and support services.

Our work is made possible by the significant contributions of philanthropic trusts, corporate sponsors and the Victorian State Government, who partially fund our health services. This work is further strengthened by the passion and dedication of our community. Their dedication to fundraising, advocacy and awareness-raising is a source of inspiration and we are proud to support these efforts.

A heartfelt thank you to our incredible community, whose contributions have made such a profound impact this year. Your stories, experiences and insights are the driving force behind what we do. We are deeply grateful to the dedicated Fight Parkinson's team for their unwavering commitment to supporting those living with Parkinson's. A special thanks goes to our invaluable Peer Support Group Leaders, event volunteers, community ambassadors, families, carers and generous donors. Your support empowers Fight Parkinson's to make a real difference in the lives of people with Parkinson's. Together, we can continue to make a meaningful difference and raise awareness and understanding of why we are Fight Parkinson's.



Philip Thomas
Chair



Emma Collin
Chief Executive Officer

Continuing to Lift the Lid off Parkinson's



The Lift the Lid campaign was launched in April 2023 during Parkinson's Awareness Month and continued throughout 2024 with the goal of addressing stigma and promoting societal understanding of Parkinson's.

Now in its second year, the campaign expanded its scope and visibility, thanks to the continuous efforts of community ambassadors. By amplifying real-life stories, the Lift the Lid campaign continued to educate the public, break down stigmas and increase Parkinson's visibility among decision-makers. Six new personal Parkinson's stories, added to the initial twelve, further extend the valuable insights into the many ways Parkinson's has affected their lives, underscoring the deeply personal nature of the condition. These stories continue to resonate deeply with the public, driving high engagement on social media and sparking dialogue about the importance of recognising Parkinson's as more than just a tremor.

The Australian Summit to End Parkinson's was a major step in advancing the Lift the Lid campaign by amplifying the voices of over 30 individuals and families who shared their Parkinson's stories at Parliament House in Canberra. This advocacy effort pushed forward the creation of the first-ever National Parkinson's Action Plan, a critical framework that will shape future policies and investments in Parkinson's care. By bringing the realities of living with Parkinson's to the forefront, the Summit elevated the campaign's mission to ensure that Parkinson's became a national priority for future policies and investments in care.

Media coverage has continued beyond the Summit with representatives from our community shedding light on the impacts of Parkinson's via news outlets such as the Sydney Morning Herald, Channel 7 and the ABC. These media appearances have amplified the campaign's message, drawing attention to the real challenges and needs of people living with Parkinson's.



The contributions of community members to Fight Parkinson's membership magazine, InMotion have played a key role in lifting the lid off Parkinson's. By sharing their personal stories, individuals affected by Parkinson's, MSA, PSP and CBS have helped to foster a deeper understanding of these conditions, reduce stigma and provide support to others facing similar challenges. Through the community's courage and generosity, the Lift the Lid campaign continues to grow stronger, ensuring that Parkinson's remains a critical focus for awareness and action.

Health Services



Fight Parkinson's Health Service offers a specialised, integrated approach to care, placing people living with Parkinson's and their families at its core.

Through a multi-disciplinary team, Fight Parkinson's provides both general and personalised health information, addressing critical gaps in service. The service combines care with research, helping to increase knowledge, build capacity, and enhance self-management, ultimately improving health outcomes. This comprehensive model also reduces pressure on hospitals, prevents emergencies and minimises hospital stays, underscoring the need for continued funding and investment to meet the community's evolving needs.

Community programs

Community Seminars

Fight Parkinson's Community Seminars continue to provide vital connection, education and support to Parkinson's communities across Victoria, particularly in regional areas where specialist care can be limited. These in-person seminars bring valuable health information and resources directly to the community, allowing participants to learn about Parkinson's, connect with health care professionals and researchers and other individuals living with Parkinson's. The seminars play an essential role in educating people about Parkinson's, the benefits of multidisciplinary care and Fight Parkinson's services and support.

In addition to delivering valuable face-to-face engagement, these seminars provide a platform for community feedback, helping Fight Parkinson's shape future programs and services.

579 people registered for 9 Fight Parkinson's Community Seminars throughout the year, across various regions:

Regional Victoria

- Hume: 2 seminars
- Barwon South West: 2 seminars
- Loddon Mallee: 1 seminar
- Gippsland: 1 seminar

Metro Melbourne

- Central Melbourne: 1 seminar
- Eastern Suburbs: 1 seminar
- Western Melbourne: 1 seminar

An essential part of the seminar agenda is hearing from local community members who share their Parkinson's stories. These personal accounts offer valuable insights, hope and a sense of shared experience for attendees. Fight Parkinson's is deeply grateful to those who have stepped forward as guest speakers. Their courage in sharing their journeys is highly valued and strengthens connections within the Parkinson's community.

Looking ahead, Fight Parkinson's remains committed to expanding the reach of the Community Seminar, ensuring that everyone affected by Parkinson's, regardless of location, has access to the information and support they need.

Health Services

Peer Support Program

In FY2024, Fight Parkinson's facilitated an extensive network of 68 Peer Support Groups (PSGs), including special interest groups for Deep Brain Stimulation and infused therapies. PSGs provide regular opportunities for local community members to connect, share experiences and foster long-term connections and are vital in helping individuals maintain independence and improve well-being.

Each year the Fight Parkinson's Health Team works closely with Peer Support Groups to support a better understanding of the condition and increased capacity to self-manage symptoms.

In FY2024, Fight Parkinson's delivered 87 Peer Support Group presentations, reaching over 1,592 participants across Victoria and serving as valuable touchpoints for connection and education.

Young Onset Parkinson's

Fight Parkinson's is committed to providing tailored support for the growing Young Onset Parkinson's community, which is unique, with specific challenges.

In FY2024, Fight Parkinson's presented a series of Young Onset-focused webinars ensuring key concerns and challenges of the community have tailored responses. These sessions, provide valuable guidance for managing the complexities of living with Parkinson's at a younger age.

Our three specialised Peer Support Groups received ongoing support, resources and education throughout the year. The metro group, in particular, has seen rapid growth and will host a dedicated Young Onset Parkinson's conference in Geelong for August 2024.

Atypical Peer Support

Progressive Supranuclear Palsy (PSP), Multiple System Atrophy (MSA) and Cortico Basal Syndrome (CBS) are distinct conditions, each with unique symptoms and needs.

Fight Parkinson's Atypical Parkinson's Peer Support Group has provided sustained national support to the community. Through bi-monthly meetings held online, the Atypical Peer Support Group offers essential and tailored assistance nationwide for individuals and families impacted by diagnoses of PSP, MSA or CBS.

Due to the rarity of these conditions, people with a diagnosis can often feel isolated. However, the Atypical Parkinson's Peer Support Group ensures that they have consistent access to essential specialist information and compassionate care to help them navigate the complexities of these conditions.

Online Singing

The Fight Parkinson's Online Singing community engaged enthusiastically in the 18 sessions held online throughout the year. Online Singing is adapted from the evidence-based ParkinSong™ program, which is founded on Australian research and incorporates exercises informed by speech and music therapy. Led by a Fight Parkinson's Volunteer Musical Leader, the program welcomed 567 registrants, offering fun and free open singing sessions to empower participants by boosting confidence, reducing anxiety, enhancing wellbeing and fostering social connection.



Health Information Service

Fight Parkinson's Free Health Information Service provides support to thousands of people living with Parkinson's, as well as carers and health professionals each year. This service is available through various channels, including the Fight Parkinson's website and offers essential resources and general information. However, the majority of community members rely on the freecall information line, which is accessible through three dedicated phone lines. Our multidisciplinary Health Team provides tailored support through this phone line, addressing individual needs and circumstances. In FY2024, the demand and length of calls taken via our phone line remained high due to the complexity of issues faced by individuals and carers in the community.

4,876
Total calls

126,776 minutes
Total minutes supporting calls

26 minutes
Average call duration

"I found Fight Parkinson's through Google. It might have been recommended by a Neuro. It's been a magnificent support. That first week, I rang probably five or six times and asked all the stupid questions like, can I drink anymore? Can I go out anymore? What should I be doing? How's this going to be? And none of it was dismissed. None of it was considered a stupid question. They took all the time needed and anyone I've ever spoken to has been great. It was a very scary call to make. It's been a great support, just making you feel better about what you're looking forward to."

- Sean

Health Services



Education

Guided by evidence and best practice, Fight Parkinson's comprehensive education offering is building knowledge and skills of individuals living with Parkinson's, their families and health care professionals to understand and manage symptoms.

Throughout the year, the community engaged with our blended education offering via live webinars, in-person events and on-demand resources available through the Fight Parkinson's Online Learning Hub. Our commitment to keep Parkinson's education free ensures that Parkinson's education and information remains accessible and helps strengthen the overall support for community members.

In FY2024, Fight Parkinson's tailored health education programs and seminars reached more than 6,000 participants.

Community Learning Hub

Fight Parkinson's Community Learning Hub for people living with Parkinson's and their loved ones, currently offers eight on-demand online courses to equip individuals to better understand aspects of Parkinson's and gain practical tools to advocate for themselves and others.

In FY2024, Fight Parkinson's expanded its online education offering, launching three new courses on the Community Learning Hub, generously supported by the John and Mary McAlister Howden Charitable Trust:

- **Empowering Carers: Navigating Parkinson's with Confidence**
- **Women and Parkinson's: Addressing Unique Health Needs**
- **LGBTIQA+ Parkinson's Support: Creating Inclusive Care Spaces**

These topics support carers, women and the LGBTIQA+ community as they often face unique challenges and can encounter barriers in accessing support. By addressing these specific groups, we aim to provide targeted support, empowering individuals with knowledge and tools to navigate their unique journey with greater confidence.

In FY2024, the Community Learning Hub saw a 61% uplift in new users compared to the previous year.

Ask the Expert

The Ask the Expert webinar series provides participants with direct access to specialists beyond Fight Parkinson's multidisciplinary team. Through these informative sessions, community members can engage with researchers, health care providers and other professionals, tapping into global expertise on critical topics, including symptom management, treatment options and emerging research.

In FY2024, Fight Parkinson's hosted 12 Ask the Expert sessions, drawing nearly 1,000 registrants and covering essential subjects like Deep Brain Stimulation, relationships and intimacy, treatment choices Early and Young Onset Parkinson's and more.

Thank you for the commitment of our experts:

- Amanda Spillare (social worker)
- A/Prof Christine Nguyen (optometric clinician)
- Prof Jenny McGinley (physio and researcher)
- Dr Katya Kotschet (neurologist)
- Dr Kelly Bertram (neurologist)
- Kim Shaw (lawyer/personal injury specialist)
- Dr Lucy Vivash (neuroscience researcher)
- Dr Luke Smith (neuropsychologist)
- Dr Richard Blazé (neurologist)
- A/Prof Sanjay Raghav (neurologist)
- A/Prof Wesley Thevathasan (neurologist)

Positive Life

Fight Parkinson's Positive Life Series is designed to provide guidance and practical strategies for navigating daily life with Parkinson's. Hosted by Fight Parkinson's multidisciplinary Health Team and often featuring community representatives who share valuable insights and experiences, the Positive Life webinars focus on the daily challenges faced by individuals living with Parkinson's. These sessions aim to enhance understanding of treatments, therapies and pathways to living well, offering accessible, relevant information tailored to the community's needs.

Over the past year, this series attracted 569 registrants and covered a range of engaging topics, including communication changes in Parkinson's, getting the most out of multidisciplinary care, driving, managing sleep issues and more. By addressing real-life concerns, these webinars integrate support and knowledge, helping participants manage everyday situations more effectively and enhance their quality of life.

Recently Diagnosed

A Parkinson's diagnosis is a pivotal moment, marking the start of a challenging journey for both individuals and their families. Early support is crucial to building the understanding and skills needed to connect with resources, access care and navigate life with Parkinson's.

Throughout FY2024, Fight Parkinson's delivered 7 Recently Diagnosed Seminars to 262 people. These free online sessions are a vital resource for those newly diagnosed and their loved ones. Held over two consecutive days, they provide a comprehensive introduction to Parkinson's, covering symptoms,

management strategies, treatment options and the importance of building a multidisciplinary care team. Practical approaches to living well with the condition are also discussed.

A standout feature of these seminars is hearing from a community member who shares their personal story, offering valuable, real-life insights. Feedback from these sessions has been instrumental in shaping new resources on the Fight Parkinson's Online Learning Hub, ensuring that those recently diagnosed can continue to access the support and knowledge they need.

Communities of Practice

Fight Parkinson's supports Communities of Practice (CoP) for physiotherapy, speech pathology, occupational therapy and nurses working directly with people living with Parkinson's or who have an interest in movement disorders.

The CoP membership consists of over 430 Victorian and interstate health care professionals. The CoPs provide professional development and an opportunity to receive peer-to-peer support, recognising that many health professionals in the field may find themselves working in isolation.

The CoPs typically meet 4-6 times per year, with the final meeting being a joint CoP where all disciplines come together to focus on multidisciplinary care. At the end of 2023, the joint Interdisciplinary CoP was held on the topic, "Multidisciplinary Approach to Deep Brain Stimulation: Considerations, Preparations, and Functional Implications".



Research

ParkinsonNet

As leaders within the Parkinson's community, Fight Parkinson's is deeply committed to advancing research and improving outcomes for individuals and families affected by Parkinson's. In line with this commitment, the organisation has made significant strides toward introducing a best practice, multidisciplinary model of Parkinson's care in Victoria and across Australia, based on the ParkinsonNet model.

Developed in 2006 as the Dutch national system of regional multidisciplinary networks, ParkinsonNet has proven effective in improving the quality of care, enhancing health outcomes and reducing health care costs. It has since been successfully implemented in parts of the USA, Germany, Norway and Luxembourg and recognised as a world-leading care model for chronic conditions by the OECD. Through our ongoing collaboration with ParkinsonNet International and Prof. Bas Bloem, co-founder of ParkinsonNet, we are working to bring this innovative model of care to Australia, aiming to transform the delivery of Parkinson's care and improve outcomes for individuals and families affected by the condition.

Building on a research review of ParkinsonNet's adaptability for the Australian context, completed in May 2022, Fight Parkinson's has made significant progress in developing the ParkinsonNet pilot program. Since securing \$35,000 from the JEM Foundation, Fight Parkinson's has been able to fund researchers to develop a comprehensive team and submission for the Medical Research Future Fund (MRFF). This and other grant applications will be pursued over the coming 12 months to advance the first stage of piloting the ParkinsonNet model in Australia. Further advocacy and funding mark a crucial step forward in adapting this proven multidisciplinary care model to improve outcomes for the Parkinson's community in Australia.

Supporting clinical trials

Fight Parkinson's research committee reviews and endorses the promotion of appropriate clinical trials to the Parkinson's community. In FY2024 we supported recruitment of the following trials:

- Pain characteristics and management in Parkinson's disease: a cross-sectional survey of people with Parkinson's, University of South Australia
- Gym-Based Strength Training for People With Early Onset Parkinson's, La Trobe University
- Enhancing Utility of Neuropsychological Evaluation for Earlier and Effective Diagnosis of Dementia in Parkinson's Disease (PD-Cognicare), University of QLD
- Investigating the effectiveness of a co-designed bone-specific high intensity resistance impact training programme in people with Parkinson's, Monash University

Research Symposium

The 2024 Parkinson's Research Symposium, held in collaboration with WEHI, Parkinson's NSW and the Florey Institute as host, marked a collaborative effort to make Parkinson's research accessible to the community. For the first time, the Symposium was expanded to be held in Melbourne and Sydney, bringing together clinicians, researchers, health care professionals and community members for a look into the latest discoveries improving the lives of those living with Parkinson's.

With over 250 participants attending in-person and online, the Melbourne event provided the Parkinson's community with an opportunity to engage with the latest research, explore innovative treatments and gain valuable insights into the future of Parkinson's care.

Through presentations by experts from various disciplines, who simplified complex scientific concepts, and a panel discussion featuring both specialists and individuals living with Parkinson's, the symposium bridged the gap between research and lived experience. This collaborative approach fostered meaningful connections between researchers and the community, sparking conversations on how research can better address the everyday challenges faced by those affected by Parkinson's.

The success of the symposium highlights the collective efforts of presenters, researchers and the support of our collaborators. These efforts are fostering hope and driving progress, ensuring that the Parkinson's community continues to benefit from scientific breakthroughs and innovations in care.

Our sincere thanks to:

- The Florey Institute
- Parkinson's NSW
- Walter and Eliza Hall Institute of Medical Research (WEHI)
- A/Prof Andrew Evans (neurologist)
- Dr Arthur Thevathasan (neurologist)
- Prof Glenda Halliday (neuroscientist)
- Prof Grant Dewson (researcher)
- A/Prof Jane Alty (neurologist)
- Prof Meg Morris (researcher)
- Dr Wesley Thevathasan (neurologist)



Collaboration & Partnership



National Parkinson's Alliance

Fight Parkinson's is a founding member of the National Parkinson's Alliance (NPA), a new national collaboration of leaders in the Parkinson's community created for the community.

The NPA was established to inform and shape policies, strategies and initiatives to enhance the lives of people affected by Parkinson's across Australia.

Member organisations of the Alliance include Fight Parkinson's, Shake It Up Australia Foundation, Parkinson's NSW, Parkinson's Tasmania and Walter and Eliza Hall Institute of Medical Research (WEHI).

In addition, NPA members include representatives from institutions such as Neuroscience Research Australia (NeuRA), Menzies Institute of Medical Research, the University of Tasmania and Queensland University of Technology. These members are key leaders from the Movement Disorder and Parkinson's research fields, both nationally and internationally.

By working across various organisations, sectors and professional disciplines, the NPA is harnessing its combined strength to accelerate support for the Parkinson's community.

The Alliance is working with and for the Parkinson's community across various regions and populations to address the multifaceted challenges posed by Parkinson's. Focus areas include earlier detection and diagnosis of Parkinson's and improving access to healthcare, resources, support and treatments. Furthermore, the Alliance is committed to advancing research to better understand causes, mechanisms, new and improved treatments and prevention.

Together, the Alliance is leading nationwide advocacy efforts for the Parkinson's community. To ensure the sustainability of this work, the Alliance will continue to work with leaders in establishing an inclusive network of people with Parkinson's, like-minded organisations, institutions, clinical professionals and government. This network

is dedicated to supporting the development, implementation and assessment of a National Parkinson's. Action Plan, which will inform government and the sector of the priorities and actions necessary to deliver real impact and change for people living with Parkinson's in Australia.

Since its establishment, the NPA has already made significant strides in impact together. In March 2024, the Alliance hosted its inaugural Australian Summit to End Parkinson's at Parliament House in Canberra. The event brought together representatives from NPA member organisations, community ambassadors and Parliamentarians.

At the heart of the Summit were more than 30 individuals and families, each sharing their unique and personal experiences of living with Parkinson's. These powerful stories were shared with government officials and national media, highlighting the profound impact that Parkinson's has on Australians across the country. Through their voices, they advocated for the creation of the National Parkinson's Action Plan.

Among the inspiring advocates at the Summit were key representatives from Victoria, including Sheenagh Bottrell, leader of the Young Onset Support Group and Fight Parkinson's Board Member, as well as Fight Parkinson's Ambassadors former MP John Eren, Belinda Zipper, Iain McLean and ParKanDo Support leader Pam West. Their contributions were an essential part of building a unified Australian voice for people living with Parkinson's, strengthening the call for meaningful change.

Following the Summit, the NPA achieved a significant milestone, with the Federal Government committing \$800,000 in funding over two years. This crucial funding will support the development of the National Parkinson's Action Plan.

Collaboration & Partnership



National collaborations

Fight Parkinson's has signed a Memorandum of Understanding (MoU) with the **National Parkinson's Network**, marking a significant step in advocating for the representation of individuals affected by Parkinson's across Australia. The group includes Parkinson's NSW, Parkinson's Tasmania, Parkinson's QLD, Parkinson's WA and The Hospital Research SA/ACT/NT.

Additionally, Fight Parkinson's joined the **Neurological Alliance Australia (NAA)**. The NNA is an alliance of peak organisations representing adults and children living with progressive neurological or neuromuscular diseases in Australia.

The NAA was established to promote improved quality of life for people living with these conditions and increase funding to support research. A key focus of the NAA is calling for the establishment of a taskforce for Neurological Conditions, which aims to address the needs of millions of forgotten Australians in six key areas:

1. Increased funding for medical research
2. Strengthening the National Disability Insurance Scheme (NDIS)
3. Establishment of a nationwide neurological dataset
4. Ensuring fair access to assistive technology
5. Eliminating age discrimination within the NDIS
6. Enhancing integration within the aged care, health, and disability sectors.

By joining forces, Fight Parkinson's aims to enhance our capacity to advocate for the Parkinson's community nationally and work towards securing the resources, research and recognition needed to improve outcomes and foster a better future for all Australians living with neurological conditions.

Victorian Government

We sincerely appreciate the Victorian Government's ongoing support for people living with Parkinson's. In FY2024, Fight Parkinson's secured state funding towards our Health Services, helping us to meet the demand for Parkinson's support. As a leading Parkinson's organisation, Fight Parkinson's has, for over 40 years, significantly enhanced the quality of life for those affected by Parkinson's, including Young Onset Parkinson's, MSA, PSA and CBS.

Our Parkinson's Health Program is the only provider of a state-wide, comprehensive care initiative that offers essential information, education and peer support to people living with Parkinson's, their carers and health care professionals. With a dedicated team of multidisciplinary health specialists, we provide tailored programs that support self-management, referral and ensuring personalised care.

By continuing to partner with Fight Parkinson's, the Victorian Government helps sustain this unique, life-changing program. It not only addresses critical healthcare needs but also strengthens a more sustainable and efficient health care system.

World Parkinson's Congress

Fight Parkinson's made significant contributions to the 2023 World Parkinson's Congress (WPC) in Barcelona. It was a landmark event for the global Parkinson's community, uniting over 2,600 participants from 73 countries, including people living with Parkinson's, carers, clinicians and researchers. The triennial gathering served as a critical platform for knowledge exchange, collaboration and collective action.

A key highlight of the WPC was representation from the Australian delegation, the largest to date with over 140 representatives from across the country. The delegates represented the Australian Parkinson's community on the global stage, contributing to insightful discussions on the Congress agenda. Fight Parkinson's, alongside Shake It Up Foundation and Parkinson's NSW, helped organise a meetup for the 120 Australian attendees, fostering a sense of unity and facilitating meaningful networking.

Fight Parkinson's community representatives Geoff Constable, Sheenagh Bottrell and Michele Callisaya helped raise our visibility at the 2023 WPC, representing the lived experience of the Parkinson's community. Geoff, an Australian WPC Ambassador, cycled to the event by undertaking a 2,100 kilometre awareness-raising bike ride from the UK to Barcelona and Sheenagh presented a paper about her experience of living with Young Onset Parkinson's. Fight Parkinson's Clinical Nurse Consultant and Health Team Manager, Victor McConvey OAM co-chaired the WPC Clinical Committee and Fight Parkinson's CEO Emma Collin contributed to the overall program as a member of the WPC Executive Committee. Additionally, she Co-Chaired the 2023 WPC Leadership Forum with Russell Patten, CEO of Parkinson's Europe, which gathered 130 leaders from 68 organisations across 18 countries to discuss global strategies for advancing Parkinson's care.

The WPC highlighted the value of collaboration in driving progress for the Parkinson's community. Through shared knowledge and partnerships, the global event strengthened connections and reaffirmed a collective commitment to improving clinical management, equitable care and support for people living with Parkinson's.

International Congress of Parkinson's Disease and Movement Disorders

The 2023 International Congress of Parkinson's Disease and Movement Disorders (MDS), held in Copenhagen, brought together over 5,200 delegates from more than 100 countries. Organised by the International Parkinson and Movement Disorder Society, the congress aimed to advance research, share clinical insights and improve care for individuals living with movement disorders.

The Fight Parkinson's Health Team played a significant role in this platform for knowledge-sharing. Fight Parkinson's Health Team Manager, Clinical Nurse Consultant and MDS committee member Victor McConvey OAM presented on palliative care, highlighting global differences in care approaches and emphasising the need for tailored strategies in Parkinson's treatment.

During the Congress' Poster Sessions, Fight Parkinson's Speech Pathologist Janet Benalcazar, highlighted the importance of person centred and family focused services.

Beyond the presentations, the Fight Parkinson's Health Team actively engaged in networking opportunities, exchanging expertise with healthcare professionals from around the world. These fostered valuable connections and promoted global knowledge-sharing and best practice in Parkinson's care.

Community Recognition

Recognition Awards

Without the contributions of volunteers who generously dedicate their time and experience, the Parkinson's community would not be what it is today. Our annual awards provide an opportunity to acknowledge these contributions. They are presented at the Fight Parkinson's AGM in November.



Sir Zelman Cowen Award

In recognition of her achievements, Isa Adams received the Sir Zelman Cowen Award for her outstanding service to Fight Parkinson's and to people living with Parkinson's. Isa was diagnosed with Parkinson's at age 49 and initially kept her diagnosis private. In 2017, she publicly shared her condition during A Walk in the Park, which motivated her to become actively involved in supporting the Parkinson's community. Over the years, she has raised over \$180,000 through various initiatives and events. In 2023, Isa became an ambassador for the Lift the Lid off Parkinson's campaign, sharing her personal journey to raise awareness. She also played a vital role in promoting the ParkinDance program, collaborating with Professor Meg Morris on research that is now accessible globally.



Harold Waldron Carers Award

Jill Price has been an active member of the Parkinson's community for over 17 years, caring for her husband, David, and contributing significantly to the community. She received the Harold Waldron Carer's Award for her dedication and voluntary leadership. Jill's involvement began after David's Parkinson's diagnosis. Since then, she has fostered a supportive environment as leader of the Ashwood ParkinSong™ group and played a key role in its safe reopening post-pandemic. Jill has also volunteered at Fight Parkinson's, providing administrative support and helping train new volunteer leaders.

It is through the support of individuals like Isa and Jill, along with countless volunteers who generously give their time and energy, that Fight Parkinson's can fulfil its purpose – to improve the lives of people living with Parkinson's, PSP, MSA and CBS through advocacy, research and support.

2023 Volunteer Recognition Awards

Years of Service Awards

Continuous service of volunteers in an administrative, project or service capacity, particularly Peer Support Group Coordination:

15 Year Service Award

Christine Gladwell (*Berwick*)
Mick Dee Prose (*Berwick*)

10 Year Service Award

Franz and Sue Schnellman (*Essendon*)
Jenny and John Wilson (*Bentleigh/Bayside*)
Lynne Blake (*Mildura*)

5 Year Service Award

Geoff Constable
Geoff Serpell (*Essendon*)

Community Recognition Award

Awarded in recognition and thanks to people who have made a significant contribution to the Parkinson's community:

Alan Adams	Belinda Zipper
Bill Mackintosh	Damian Rann
Dennis Williams	Florence Morrow
Prof Grant Dewson	Ian McFarlane
Janette Cannizzaro	Jennie Wood
John Young	Kate McCormack
Dr Kelly Bertram	Lorena Bazzano
Mandy Baker	Marlene Hamilton
Mary Danoudis	Matt Pettifer
Michelle Mendes	Mimi Morgan
Patty Mayne	Pauline Wiltshire
Peter Wylie	Russell Joyce
Dr Sanjay Raghav	Shona Cross
Stephen Dunn	Sue Normington
Suzy Quinn	The Hicks Family
Tom Jambrich	

Certificate of Appreciation

Awarded for support of our programs, education, fundraising and promotional activities:

Retiring Board members -

Orlando Viola, Mark McAuley

Support of the Bequest Program -

Ian Phelan

Peer Support Group -

Gateway Community Services (*Essendon*)

27forParkinson's and A Walk in the Park Fundraisers

Amy Chung, Anne Cox, Anne Paterson, David Rosenberg, David Smith, Delia McPherson, Elyse Cripps, Eng Lee, Garry Manning, George Doucas, Ian Temme, Jeannette Branch, John McBride, Julie Wardle, Libby Young, Lottie Peters, Marcos Amado, Michael Tomasoni, Mick De Graaf, Mirella Yoho, Nadine Cripps, Paul Kreutzer, Ron Keilar, Rose Doolan, Samantha Layton, Sean Anderson, Shane Buzza, Steph Mulcahy, Tessa Botheras and Vicki Thomas

Community Fundraisers

Avi Koth, Brett Frenkiel, David Ball, Hugh Creamer, Ian Pratt, Jackie Unwin, Jacqueline Rose, Josephine Hale, Judith Greenwood, Katheesh Kandasamy, Kelly Bogunovic, Leon and Marlena Argent, Luke Gundry, Matthew Pettman, Matt Perkins, Melissa Ferabend, Menaka Friend, and Nikky Gandel, Parker Tilley, Paul Coniglio, Paul Reeves, Renee Lancaster, Stephen Lake, Suzanne Conway, Tamara Burba, Teagan Parker and Tony Forster

Fundraising



The services we are able to provide for people living with Parkinson's, PSP, MSA and CBS reflect the power of community and mutual support.

Fight Parkinson's Health Services is supported through the collective generosity of individuals, trusts and foundations, philanthropy and major gifts and bequests.

Fundraising efforts enable Fight Parkinson's to invest in tailored services, life-changing support and research for the community. By doing so, it ensures that essential Health Services are free to the community, promoting equitable access.

In FY2024, community fundraising, donations and bequests made up 63% of Fight Parkinson's overall income, underscoring how essential the community's support is to our work. As we continue to seek funding opportunities, we know that together, we can keep making a difference in the lives of those affected by Parkinson's, PSP, MSA and CBS.

A Walk in the Park 2024

A Walk in the Park, Australia's largest event in support of the Parkinson's community, once again showcased our strength in numbers.

A Walk in the Park was a heartwarming display of solidarity, with participants across Victoria uniting in celebration and support of each other.

The community built their own A Walk in the Park teams, bringing together family, friends and peers. Each person had personal, heartfelt reasons for walking; some walked to raise awareness, while others walked to honour a loved one. Their collective efforts created a strong community of support, reminding those affected by Parkinson's that they are not alone.

The community's active involvement in raising awareness of Parkinson's and funds in the lead-up to the walk, as well as their participation on the day, stood as a powerful reminder of the community's dedication. It is this commitment that continues to fuel hope and improve outcomes for those living with Parkinson's.

Melbourne's A Walk in the Park took place in April during Parkinson's Awareness Month, drawing more than 1,900 participants to Federation Square. Additionally, 13 regional walks were held throughout the year, thanks to individuals and Peer Support Group volunteers who organised walks in their local area. Their efforts significantly expanded the reach and impact of A Walk in the Park.

\$237,595
raised through appeals

3,000+
participants across 14
A Walk in the Park events

\$294,748
raised through A Walk in the Park
and 27forParkinson's

\$101,195
raised through 34 community
fundraising events

A special thank you to the following regional A Walk in the Park organisers:

- Cheryl Barnes (*Mildura*)
- Elizabeth Maher (*Forster - Tuncurry*)
- Emily Carrolan and Martin Moore (*Geelong*)
- Helen Brunt (*Moorabbin*)
- Ian Temme and Danielle Busch (*Bairnsdale and Lakes Entrance*)
- Jeannette Branch (*Echuca*)
- Jenny Disney (*Eltham*)
- Kylie and Judy Ramsdale (*Yarrawonga*)
- Leanne Torpy and Team (*Wodonga*)
- Liz Morse and Team (*Warrnambool*)
- Lynn Crawford (*Hastings*)
- Naomi Lettieri (*Colac*)
- Russell Wardle (*Swan Hill*)

Thanks to the community's collective efforts, A Walk in the Park raised \$233,061. These funds are vital in advancing essential support services, research and driving advocacy efforts to improve the lives of individuals and families navigating Parkinson's. Thank you to all organisers, volunteers and participants who contributed to making A Walk in the Park 2024 such an impactful event.

Ambassadors

Eight community members stepped up as A Walk in the Park ambassadors to share their personal stories to inspire others to join them for A Walk in the Park. A big thank you to Damian Rann, Georgy Hicks, Iain McLean, Jeannette Branch, John Wijnsma, Michelle Mendes, Sean Anderson and Sheenagh Bottrell for their awareness-raising efforts.

Top fundraisers

A special thank you to the 36 members of our \$1K Club (individuals who raised over \$1000) as well as the top individual fundraisers and teams for their exceptional contributions to A Walk in the Park 2024.

Top 3 individuals

Peter Brown \$8,002
Jeannette Branch \$5,965
Sean Anderson \$5,427

Top 3 teams

Team G-Train and Sticko \$13,070
Hyxy's Team \$12,101
Jeannette's Team \$9,252

Sponsors

Abbvie
Intogreat Solutions,
Fisherlane Mobility
St John of God Health Care
Waterman Workspaces



27forParkinson's

For 27 days in October, the community took part in 27forParkinson's, an online health and wellbeing challenge in support of people living with Parkinson's, PSP, MSA and CBS.

27forParkinson's was created during COVID-19 to foster connection, increase awareness of Parkinson's and raise funds in place of A Walk in the Park, which was unable to run due to government restrictions.

This year's campaign was led by community ambassadors, Trevor Prasad (diagnosed in 2019) and sisters Patty and Lorena (honouring their father who lived with Parkinson's). They generously shared their personal connections to Parkinson's, mobilising support for the campaign.

In FY2024, 202 community members engaged in 27forParkinson's, taking up the daily program designed by Osteopath Dr Andrew Harkin or choosing an activity of their own. Together, participants raised a total of \$61,687.

Thank you to the 27forParkinson's ambassadors, participants and supporters for their dedicated efforts.

After careful consideration, the decision to discontinue 27forParkinson's in FY2025 was made to concentrate community effort on the success of A Walk in the Park events around Victoria.

The 27forParkinson's Facebook group, which has gained over 300 members, will remain active as an online place to connect, share and uplift one another.

Fundraising

Appeals

Each year, the community generously provides significant support to the organisation through Fight Parkinson's annual appeals program.

During this time, two significant community members, the now late Andrew Suggett OAM and Shona Cross, shared their personal stories to help draw a focus on the need to raise funds for Fight Parkinson's services and supports.

Andrew Suggett OAM shared how he took his Parkinson's in his stride, using his experience to help empower others living with the condition during his 15 years of leading the Warrnambool Parkinson's Support Group alongside his loving wife, Betty.

Horsham resident Shona Cross shared her Parkinson's story, detailing her journey from diagnosis to today. She detailed how Fight Parkinson's resources, such as her local Support Group and the Health Information Line, have provided the guidance she needed to live well despite the challenges of her Parkinson's.

Fight Parkinson's is grateful for Andrew and Shona's efforts, which saw the community generously raising a total of \$237,595 in response.

Community Fundraisers

Throughout FY2024, community members generated a total of \$101,195 through community fundraisers. Each fundraiser showcased the community's creativity, shared dedication and capacity to bring people together to support one another and make a meaningful difference in the lives of those living with Parkinson's. Fight Parkinson's is grateful to every individual and group for their fundraising efforts, enabling us to advance research, provide essential services and advocate for better care and support.

Thank you to:

Alice Gomez, Corryong Golf Club, Dan Bailey, Dene Macleod, Dina O'Brien, Dorothy Davis, Gary Jones, Geoff Constable, Hugh Creamer, Ian Pratt, Jackie Unwin, Jacob Little, Leanne White, Leon and Marlena Argent, Linda Thompson, Lisa Palmer, Matthew Elrington, Max Pettman, Menaka Friend, Miranda Monagle, Morgan Fawcett, Nikky Gandel and Avi Koth, Parker Tilley, Paul Coniglio, Renee Kemp, Renee Lancaster, Robert Comminus & Bronwyn Etheridge, Steve Ward, Steven Lake, Talei Rickard, Teagan Parker, The Binks Brothers, Tim Podesta, Tom McFarlane Ahern

Gifts & Wills

The generosity shown by the following individuals, organisations, trusts and foundations allows Fight Parkinson's to grow and evolve to improve outcomes for people living with Parkinson's, PSP, MSA and CBS. Fight Parkinson's received a total of 11 realised bequests totaling \$344,167.

Bequests:

Mr Trevor White

Ms Elaine Betty Bryant

Ms Helen Estelle Macdougall

Ms Wilma Garrioch

Mr John Landy

The Estate of Crystal Maud Downward Dunn

Mr Robert Buckle

The Estate of Annmaree Foley

Estate of Phillip William Jones

Estate of Jennifer Ethel Harte

Mr Brian Tiernan

Fight Parkinson's secured a total of \$176,566 in Trust and Foundation funding support in FY2024.

Successful and returning foundations include:

The G & I Meagher Charitable Trust

The Alfred Noel Curphey Bequest Trust

Peta Seymour Foundation

David Henning Memorial Foundation

Geelong Community Foundation

The JEM Research Foundation Trust

MacKenzie Family Foundation

Estate of the Late Joe White

The William Angliss (Vic) Charitable Trust

Jack Brockhoff Foundation

City of Hobart

Geelong Community Foundation

The Mulgrew Family Endowment

Treasurer's Report for FY2024

Fight Parkinson's reported a deficit of \$98K for the financial year 2024, a \$207K positive variance compared to the previous year.

Total income for the year was \$2.272 million. Generous contributions from our community including from donations, bequests and Trusts & Foundations comprised 62% of overall income, totalling \$1.412 million. This level of commitment was maintained despite challenging economic conditions, inflation and cost-of-living pressures. A Walk In the Park raised \$233K in donations increasing community awareness and strengthening our financial stability.

Our Investment portfolio continued to perform and achieved a return of \$452K. The Victorian State Government grant to support our multi-disciplinary health service was \$341K.

Fight Parkinson's collaborated with other leading organisations and leaders within the Parkinson's community to establish the National Parkinson's Alliance (NPA). This strategic initiative aims to drive aligned outcomes for the Parkinson's community, reinforcing sector leadership and creating value through coordinated national efforts, enhancing long-term impact and investment in Parkinson's support and resources.

Fight Parkinson's commenced investment in the development of a new website to be launched in FY2025. Additionally, in August 2023, Fight Parkinson's transitioned to a co-working space in central Melbourne, improving efficiency in the delivery of our services whilst reducing operational overhead.

Our net assets continue to hold strong at \$4,783,560. Key research projects including ParkinsonsNet and research seeding grants are to be funded in FY2025. Fight Parkinson's has made significant strides in strategic investment and impactful partnerships, positioning us well for the future.

Fight Parkinson's Board

The Board sets our strategic direction, providing leadership and guidance. Its members are committed to our mission of enabling people living with Parkinson's to lead active and full lives and to support development of more effective treatments, and a cure, for Parkinson's.

The Board has three committees to ensure it satisfactorily discharges its responsibilities and duties: Research; Governance and Risk; Finance and Investment.



Philip Thomas

Board Chair

Member Governance and Risk Committee

M. ComLaw, B.Bus., Grad. Dip. CSP.ASA, FCSA, FCIS, F.Fin
Appointed: June 2016



Professor

David Finkelstein

Chair Research Committee

B.Sc., Grad. Dip. Scientific Instrumentation, M. Sc., Ph.D.
Appointed: May 2014



Jason Karametos

Chair Finance and Investment Committee

B Com/LLB (Hons),LLM.
Appointed: April 2018



Professor

Jennifer McGinley

Chair Governance & Risk Committee

Member Research Committee

B.App.Sci (Physiotherapy); Grad Dip (Neurosciences); PhD GAICD
Appointed: February 2021



Sheenagh Bottrell

Chair Consumer Engagement & Advisory Committee

Registered Nurse experience
Appointed: 17 August 2023



Alecia Rathbone

Member of Finance & Investment Committee

BCom, GradCertMgtNFP, FCPA, GAICD
Appointed 21 September 2023

Auditor's Report



Chartered Accountants & Advisors

Walker Wayland Advantage Audit Partnership
Audit, Assurance and Risk Advisory
Level 22, 114 William Street
Melbourne VIC 3000
Australia
ABN 47 075 804 075
T +61 3 9274 0600
F +61 3 9274 0660
audit@wwadvantage.com.au
wwadvantage.com.au

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF PARKINSON'S VICTORIA LIMITED

Opinion

We have audited the financial report of Parkinson's Victoria Limited ("the Company"), which comprises the:

- Statement of Financial Position as at 30 June 2024;
- Statement of Profit or Loss and Other Comprehensive Income;
- Statement of Changes in Equity;
- Statement of Cash Flows for the year then ended;
- Notes to the financial statements, including a summary of significant accounting policies; and
- Directors' Declaration.

In our opinion the financial report of Parkinson's Victoria Limited has been prepared in accordance with *Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 (ACNC Act)*, including:

- (a) giving a true and fair view of the Company's financial position as at 30 June 2024 and of its performance and cash flows for the year ended on that date; and
- (b) complying with accounting policies to the extent described in Note 1, and Division 60 the *Australian Charities and Not-for-profits Commission Regulation 2022*.

Basis of Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the 'Auditor's Responsibilities for the Audit of the Financial Report' section of our report. We are independent of the Company in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's 'APES 110 Code of Ethics for Professional Accountants' (Including Independence Standards) (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of the Directors for the Financial Report

Without modifying our opinion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the Company's financial reporting responsibilities under the ACNC Act. As a result, the financial report may not be suitable for another purpose.

Our opinion is not modified in respect of this matter.

Independent Member

BKR
INTERNATIONAL

Independent Member of Walker Wayland Australasia Limited,
an association of independent accounting firms.

Liability limited by a scheme approved under professional standards legislation.



INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF PARKINSON'S VICTORIA LIMITED (Continued)

Directors' Responsibilities for the Financial Report

The Directors of the Company are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the ACNC Act, and for such internal control as the Directors determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

The Directors of the Company are responsible for overseeing the Company's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Directors.
- Conclude on the appropriateness of the Directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF PARKINSON'S VICTORIA LIMITED (Continued)**

Auditor's Responsibilities for the Audit of the Financial Report (Continued)

We communicate with Directors of the Company regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

We also provide the Directors with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, actions taken to eliminate threats or safeguards applied.

Walker Wayland Advantage

**WALKER WAYLAND ADVANTAGE AUDIT PARTNERSHIP
CHARTERED ACCOUNTANTS**



**AWAIS UR REHMAN
PARTNER**

Dated in Melbourne on this 28th day of October 2024

Financials

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2024	2024 \$	2023 \$
INCOME		
Revenue	1,882,641	2,016,140
Research Revenue	35,300	136,410
Government Grants	354,270	354,661
TOTAL INCOME	2,272,211	2,507,211
EXPENDITURE		
Employee Benefits Expense	(1,598,326)	(1,746,589)
Depreciation And Amortisation Expenses	(10,564)	(44,149)
Finance Costs	(15,078)	(15,854)
Research Expenses	(10,000)	(10,000)
Other Operating Expenses	(735,825)	(995,335)
TOTAL EXPENDITURE	(2,369,793)	(2,811,927)
DEFICIT FOR THE YEAR BEFORE INCOME TAX	(97,582)	(304,716)
Income tax expense	-	-
NET DEFICIT FOR THE YEAR	(97,582)	(304,716)
TOTAL OTHER COMPREHENSIVE INCOME FOR THE YEAR	-	-
TOTAL COMPREHENSIVE INCOME ATTRIBUTABLE TO MEMBERS OF THE COMPANY	(97,582)	(304,716)
STATEMENT OF CASH FLOW FOR THE YEAR ENDED 30 JUNE 2024	2024 \$	2023 \$
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from Donations, Bequests and Other Income	1,416,437	1,468,035
Government Grant	354,270	354,661
Payments to Suppliers and Employees	(2,561,309)	(2,604,642)
Interest Received	6,878	556
NET CASH USED IN OPERATING ACTIVITIES	(783,724)	(781,390)
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase for Plant and Equipment	(5,552)	(9,789)
(Investment)/Withdrawal from Financial Assets	262,209	377,913
Income from Financial Assets	483,094	387,175
Management Fees for Financial Assets	(12,747)	(12,935)
NET CASH GENERATED FROM INVESTING ACTIVITIES	727,004	742,364
CASH FLOWS FROM FINANCING ACTIVITIES	-	-
NET CASH USED IN FINANCING ACTIVITIES	-	-
Net Decrease in Cash Held	(56,720)	(39,026)
Cash and Cash Equivalents at the Beginning of the Financial Year	792,895	831,921
CASH AND CASH EQUIVALENTS AT THE END OF THE FINANCIAL YEAR	736,175	792,895

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2024	2024 \$	2023 \$	
ASSETS			
CURRENT ASSETS			
Cash And Cash Equivalents	736,175	792,895	
Trade and Other Receivables	23,865	33,179	
Other Current Assets	143,057	51,063	
TOTAL CURRENT ASSETS	903,097	877,137	
NON-CURRENT ASSETS			
Plant And Equipment	11,538	17,110	
Financial Assets	4,262,424	4,524,633	
TOTAL NON-CURRENT ASSETS	4,273,962	4,541,743	
TOTAL ASSETS	5,177,059	5,418,880	
LIABILITIES			
CURRENT LIABILITIES			
Trade and Other Payables	191,897	335,601	
Provisions for Employee Benefits	179,451	190,694	
Revenue Received in Advance	6,815	-	
TOTAL CURRENT LIABILITIES	378,163	526,295	
NON-CURRENT LIABILITIES			
Provisions for Employee Benefits	15,336	11,443	
TOTAL NON-CURRENT LIABILITIES	15,336	11,443	
TOTAL LIABILITIES	393,499	537,738	
NET ASSETS	4,783,560	4,881,142	
MEMBERS' FUNDS			
Members' Funds	4,112,737	4,243,409	
Research Fund Reserve	670,823	637,733	
TOTAL MEMBERS' FUNDS	4,783,560	4,881,142	
STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2024			
	Members' Funds \$	Research Fund Reserve \$	Total Members' Funds \$
Balance at 30 June 2022	4,699,414	486,444	5,185,858
Comprehensive income			
Deficit for the Year	(304,716)	-	(304,716)
Other comprehensive income for the year	-	-	-
Total comprehensive income attributable to members of the Company	(304,716)	-	(304,716)
Transfer between Members' Funds and Research Fund Reserve	(151,289)	151,289	-
Balance at 30 June 2023	4,243,409	637,733	4,881,142
Comprehensive income			
Deficit for the Year	(97,582)	-	(97,582)
Transfer between Members' Funds and Research Fund Reserve	(33,090)	33,090	-
Total comprehensive income attributable to members of the Company	(130,672)	33,090	(97,582)
Balance at 30 June 2024	4,112,737	670,823	4,783,560

How you can help

Give

Your donations mean we can continue to offer vital information and support services to those impacted by Parkinson's.

Leave a gift in your Will

A gift in your Will is a valuable way of helping to create a brighter future for people living with Parkinson's.

Fundraise

Get involved in one of our fundraising events—or organise your own.

Partner with us

There are many ways we can work together to help more people with Parkinson's live their best life possible. Find out how your organisation can be part of our achievements.

Volunteer

There are many ways you can volunteer with us. Help with administrative tasks, share your professional skills or help at an event. Contact us for more information.

Supported by:



Connect with us

 [linkedin.com/company/fight-parkinsons](https://www.linkedin.com/company/fight-parkinsons)

 [facebook.com/fightparkinsons.au](https://www.facebook.com/fightparkinsons.au)

 [@fightparkinsons.au](https://www.instagram.com/fightparkinsons.au)

 [@fight_pd](https://twitter.com/fight_pd)



ABN: 59 604 001 176

Suite 6, Waterman Business Suites,
Level 1, 793 Burke Road, Camberwell

T: (03) 8809 0400

E: info@fightparkinsons.org.au

fightparkinsons.org.au